

# **Importance of IT Security Amid Evolving Care Models in Healthcare and Life Sciences**

February 2024: Complimentary Abstract / Table of Contents



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## **Background and scope of this research**

The Healthcare and Life Sciences (HLS) industry is increasingly utilizing modern technology by effectively utilizing Internet of Things(IoT)-enabled devices, automation, predictive and prescriptive analytics, and highly scalable, interconnected, digital health platforms. Despite rapid technological advances, the healthcare and life sciences industry faces significant cyber threats including targeted breaches of health records, patient databases, and pharmaceutical intellectual property. Additionally, there is a risk of disrupting IoT-based medical devices. Navigating through evolving regulations such as the Affordable Care Act (ACA), the American Healthcare Act (AHCA), Health Insurance Portability and Accountability Act (HIPAA), and Medicare reforms such as MACRA adds to the industry's challenges. Hence, the rate of outsourcing of cybersecurity services has been on an upward trajectory in the healthcare and life sciences industry.

In this report, we analyze the current state of cybersecurity adoption in the healthcare and life sciences industry, demand trends of cybersecurity services, challenges in building cyber-resilience in the HLS industry, and the emergence of new industry-specific cybersecurity themes. Further, the report discusses the cybersecurity opportunity areas for service providers to focus on in the coming years.

### Scope of this report





**Industry** Healthcare and life sciences



## Overview and abbreviated summary of key messages

This report highlights the cybersecurity market in the Healthcare and Life Sciences (HLS) industry. It focuses on key drivers for the adoption of cybersecurity solutions in the HLS industry, significant challenges faced by HLS enterprises in building cyber resilience, generative AI use cases in cybersecurity, and key cybersecurity service opportunities in the HLS industry. It also identifies the key areas of investment for service providers and implications for enterprises to build cyber resilience.

#### Some of the findings in this report, among others, are:

# Market drivers and challenges in HLS industry

- HLS industry has been increasingly vulnerable to data breaches in recent times and enterprises are implementing various measures to address the rising threat of data breaches
- Key drivers for HLS enterprises adopting cybersecurity solutions consist of patient privacy and regulations, the emerging threat landscape, and the increasing need for securing medical devices
- While enterprises are leveraging cybersecurity solutions in building cyber resilience, challenges such as outdated systems and technologies, lack of skills/talent, and complex cloud hosting environment of enterprises hinder its adoption

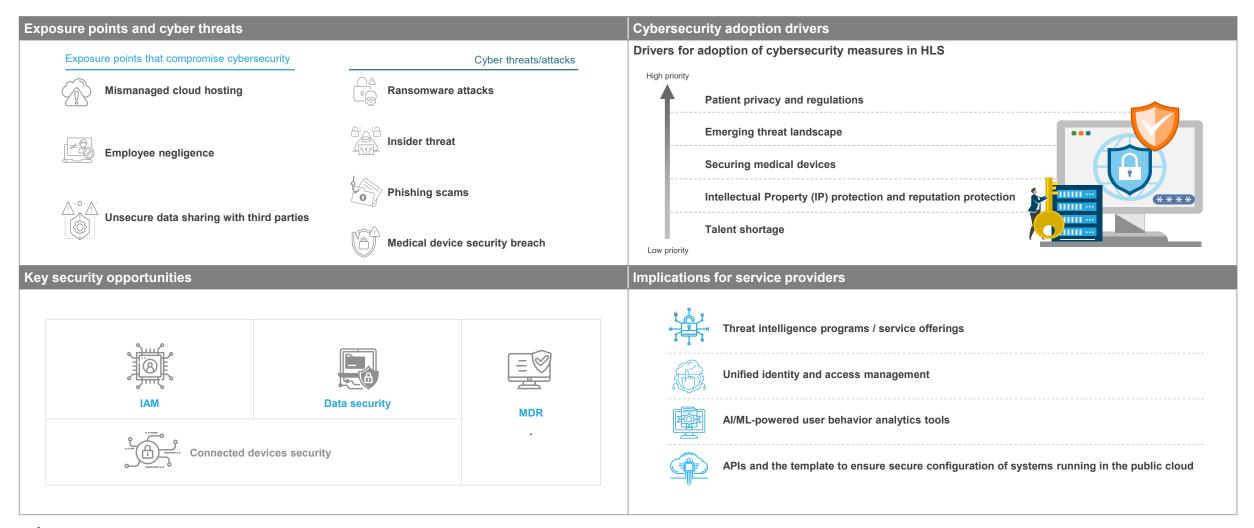
# Key cybersecurity service opportunities

- Four themes including Identity Access Management (IAM), data security, Managed Detective Services (MDR), and connected devices security are identified to be significant in the HLS industry. In HLS enterprises,
- Implementation of robust access controls and user identity management to safeguard patient health records and sensitive research data is imperative
- Identifying data breach origins and implementing robust security measures addressing both internal and external risks is important
- MDR services assist in promptly detecting and responding to security incidents, especially when lacking internal resources or expertise for effective security operations
- Connected devices can be secured through continuous monitoring, automated third-party penetration testing, and real-time vulnerability management
- Zero-trust security is increasingly adopted in HLS sectors to safeguard sensitive data and systems from security threats

#### **Future outlook**

- Moving forward, threat intelligence programs, unified IAM solutions, and AI/ML-powered behavior analytics tools are found as potential investment areas for service providers
- Evaluating cyber risks and purchasing cyber insurance policies remain a key priority strategy for HLS enterprises to build a cyber-resilient organization

## This study offers the cybersecurity services market in the HLS industry providing a deep dive into key aspects of emerging opportunities in the market; below are four charts to illustrate the depth of the report



## **Research calendar**

# Payer and Provider Information Technology

	Published	Planned	Current release	
Reports title			Release date	
Care Management Trailblazers			July 2023	
Healthcare Data & Analytics Services – Provider Compendium 2023			August 2023	
Rising adoption of Home-based Healthcare Solutions			September 2023	
 Rising adoption of Behavioral and Mental Health Services by Healthcare Enterprises			September 2023	
 Patient Engagement Platforms PEAK Matrix® Assessment 2023			October 2023	
 Revenue Cycle Management (RCM) Platforms PEAK Matrix® Assessment 2023			November 2023	
Transforming Healthcare through Generative AI: A Game-changing Impact			December 2023	
Healthcare Payer Digital Services PEAK Matrix® Assessment 2023			December 2023	
 Importance of IT Security Amid Evolving Care Models in Healthcare and Life Sciences			February 2024	
Member Engagement Trailblazers			Q1 2024	
Rising Adoption of Behavioral and Mental Health Services by Healthcare Enterprises			Q1 2024	
Healthcare Outlook for 2024			Q1 2024	
Patient and Member Engagement Technology			Q1 2024	
Healthcare Industry Cloud Services PEAK Matrix® Assessment 2024			Q2 2024	
Key Trends in the Europe and Asia-Pacific Healthcare Markets			Q2 2024	

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# Life Sciences Information Technology

	Published Planned Current release
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Life Sciences Digital Services PEAK Matrix® Assessment 2022	September 2022
Life Sciences Customer Experience Platforms (CXP) PEAK Matrix® Assessment 2023	December 2022
Medical Devices Digital Services PEAK Matrix® Assessment 2023	May 2023
Life Sciences Smart Manufacturing Services PEAK Matrix® Assessment 2023	August 2023
Life Sciences Smart Manufacturing Services – Provider Compendium 2023	October 2023
Life Sciences Next-generation Customer Engagement Platforms (CEP) PEAK Matrix® Assessment 2023	November 2023
Life Sciences Next-generation Customer Engagement Platforms (CEP) – Provider Compendium 2023	December 2023
Life Sciences Digital Services Specialists PEAK Matrix® Assessment 2024	January 2024
Importance of IT Security Amid Evolving Care Models in Healthcare and Life Sciences	February 2024
Life Sciences Digital Services Specialists – Provider Compendium 2024	Q1 2024
Life Sciences Customer Experience Platform (CXP) Adoption Playbook	Q1 2024
Life Sciences Platform Services PEAK Matrix® Assessment 2024	Q2 2024
Life Sciences Digital Services for Mid-market Enterprises – Service Provider Compendium 2024	Q2 2024
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# Cybersecurity

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Reports title		Release date
Identity and Access Management (IAM) Services PEAK Matrix® Assessment 2023		July 2023
Cloud Security Services PEAK Matrix® Assessment 2023	No	ovember 2023
Operational Technology (OT) Security Products PEAK Matrix® Assessment 2023	No	ovember 2023
Identity and Access Management (IAM) Services – Provider Compendium 2023	De	ecember 2023
From Risk Mitigation to ESG Leadership: The Untapped Potential of MDR		January 2024
Cloud Security Services – Provider Compendium 2024		January 2024
Importance of IT Security Amid Evolving Care Models in Healthcare and Life Sciences	F	ebruary 2024
Cybersecurity Specialist Services PEAK Matrix® Assessment 2024		Q1 2024
Cybersecurity Specialist Services Provider Compendium 2024		Q2 2024
Cybersecurity Services PEAK Matrix <sup>®</sup> Assessment 2024 – North America		Q2 2024
Cybersecurity Services PEAK Matrix <sup>®</sup> Assessment 2024 – Europe		Q2 2024
Identity and Access Management (IAM) State of the Market 2024		Q3 2024
Cybersecurity Services Provider Compendium 2024 – North America & Europe		Q3 2024

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